



Post-Operative Instructions

IV Sedation

ACTIVITY RESTRICTIONS

- ☐ **Do NOT drive or operate machinery for 24 hours — this is non-negotiable**
- ☐ Arrange transportation before your appointment — you cannot drive yourself home
- ☐ Have a responsible adult with you for at least 6 to 8 hours after your appointment
- ☐ Avoid alcohol for at least 24 hours
- ☐ Avoid making important decisions or signing documents for 24 hours
- ☐ Do not eat solid food until you feel fully alert — usually 2 to 4 hours

RECOVERY TIMELINE

●	●	●	●	●
Immediately After	1–2 Hours	2–4 Hours	6–8 Hours	24 Hours
Very groggy — supervised rest at home required	Becoming more alert — soft foods only	Feeling fairly normal — still not safe to drive	Can be left alone if feeling well	Safe to drive and resume normal activities

PAIN MANAGEMENT

IV sedation itself doesn't call for additional pain medication — any pain medication you need depends on the procedure performed, not the sedation. See the instructions matching your specific procedure (Extraction or Implant) for that medication guidance.

ORAL HYGIENE

- ☐ Wait until you feel fully alert before eating or drinking anything beyond water
- ☐ Avoid the surgical or treatment site when brushing for 24 hours, if applicable
- ☐ Resume normal brushing and flossing once you're fully recovered and any numbness has worn off

WHEN TO CALL OUR OFFICE

- Excessive drowsiness beyond 8 hours after your procedure
- Difficulty breathing, chest pain, or shortness of breath
- Severe nausea or vomiting
- Signs of an allergic reaction
- IV site swelling, redness, or pain
- Any unusual symptoms or concerns

Medical emergency? If you ever have difficulty breathing or feel you're having a medical emergency, call 911 first, then contact our office.